

Ready for Something New?

MAINSTREAM

**Mainstream  
Refresher  
and  
Plus Lessons  
Kickoff!**

PLUS LESSONS

**Cedar Hall at MetraPark  
Saturday, October 1**

2-4 p.m. **MAINSTREAM REFRESHER and  
PLUS LESSONS KICKOFF**

\$10 per person

*Attendance at this session not required  
in order to dance at the evening session*

7-9 p.m. **Continue MAINSTREAM REFRESHER  
and PLUS LESSONS/DANCE**

\$10 per person

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**These sessions are designed for dancers  
wishing to learn the Plus dance program.**

Plus lessons will continue at the regularly scheduled Saturday Night Plus dances until all of the Plus movements have been introduced.